



March/ April	Monday 31	Tuesday 1	Wednesday 2	Thursday 3	Friday 4	Saturday 5	Sunday 6
<b>B R E A K F A S T</b>	Eggs your way  Golden Hashbrowns  Oatmeal, fruit or yogurt	French Toast  Bacon or Sausage  Oatmeal, fruit or yogurt	Eggs your way  Biscuits & Sausage Gravy  Oatmeal, fruit or yogurt	Eggs Your Way  Assorted Muffins  Bacon or Sausage  Oatmeal, fruit or yogurt	Eggs Your Way  Golden Hashbrowns  Oatmeal, fruit or yogurt	Pancakes  Bacon or Sausage  Oatmeal, fruit or yogurt	Eggs Your Way  Biscuits & Sausage Gravy  Oatmeal, fruit or yogurt
<b>D I N N E R</b>	<u>Salad, cottage cheese, or applesauce</u>  Chicken Piccata with Mediterranean Orzo & Buttered Beets  Double Strawberry Cake	<u>Salad, cottage cheese, or applesauce</u>  Meatloaf with Janie's Macaroni & Cheese & Mixed Vegetables  Peach Crisp	<u>Salad, cottage cheese, or applesauce</u>  Tender Pork in a Mushroom Gravy with Creamy Buttermilk Mashed Potatoes & Roasted Root Vegetables  Confetti Cake	<u>Salad, cottage cheese, or applesauce</u>  BBQ Roast Chicken with Creamy Cheddar Broccoli Rice & a Fresh Baked Roll  Coconut Cream Pie	<u>Salad, cottage cheese, or applesauce</u>  "Friday Fun Lunch"  Fish Fillet Sandwich with Crispy Onion Rings & a side of Chopped Coleslaw  Root Beer Float	<u>Salad, cottage cheese, or applesauce</u>  Pineapple Baked Ham with Scalloped Potatoes & California Vegetables  Cheesecake	<u>Salad, cottage cheese, or applesauce</u>  Lasagna with Garlic Toast & Glazed Carrots  Cookies
<b>S U P P E R</b>	"Breakfast for Dinner"  Quiche with a Side of Potato, Pepper & Onion Hash  Chocolate Chunk Squares	Hearty Vegetable Beef Soup with Warm Bread & Butter  Chefs Choice	Cold Cut Sandwich on Michigan Oat Bread with Apple Waldorf Salad  Pudding	Upside Down Pizza Pie with a Warm Bread Stick  Brownies	Turkey Shepherds Pie (Chopped Turkey & Vegetables in a Gravy Topped with Mashed Potatoes)  Glazed Cranberry Orange Cake	Egg Salad Sandwich on a Croissant with Low Sodium Chips  Chefs Choice	Stuffed Philly Cheese-steak Baked Potato Bowl (Baked Potato filled with Sauteed Steak & Onions Topped with Melted Cheese)  Jell-o



**\*\*Omelets will only be available for breakfast by request on Mondays & Fridays\*\***

**Residents may enjoy hot or cold cereal, toast, English muffin, bagel, fruit cup or yogurt, with the daily breakfast menu. Milk, coffee, regular or iced tea is available with all meals.**

**~ Salad dressings include: 1000 Island, Ranch, Italian & French.**

**~ Cereals include: Corn Flakes, Raisin Bran and Cheerios.**

**~ Sugar free syrup is available by request**

**~ Alternate Menu: Please put an X through the Menu item in which you do not wish to partake in. Be sure the kitchen gets a copy of your menu changes. A kitchen staff member will contact you prior to that meal.**

**~ Alternate Meal Options: Sandwiches- (Peanut Butter & Jelly, Grilled Cheese, or Cold Cuts) Hamburger, Hot Dog, Baked Potato, Soup (Leftovers when available or Canned when not), or a Tossed Salad**

**ALTERNATE MEALS ARE ONLY AVAILABLE IF THE KITCHEN IS GIVEN A 24HR. NOTICE!!**

**Last minute requests make it very difficult for the service to run smoothly, and will be honored at the cooks discretion based on what**

**her or not they have the time or product available to fulfill said requests.**